

ST. TROPEZ SPRAY TAN

What you need to do to get the best results with your St. Tropez Spray Tan:

BEFORE

- Carry out a full body exfoliation, particularly on your feet & ankles, knees, elbows and hands, (Non-oily products are recommended).
- Do not use any other self tanning products 1 week before treatment.
- Wax or shave at least 24 hours prior to treatment.
- On the day of your St. Tropez treatment try not to wear any make-up, deodorant, perfume, body oils or lotions as these may react with the tanning agents in St. Tropez Spray Tan. If you have to wear make-up, wear oil-free kind. However, if you are coming from work for example, St. Tropez technician will give you an exfoliation wipe for you to wipe off your body before the treatment to ensure that residual oils and products are removed
- Wear loose, dark clothing, sandals or flip flops.

DURING

The whole treatment lasts around 15 minutes. Immediately after your spray tan it is recommended you allow a few minutes for the tan to absorb before dressing. St. Tropez spray tan will not smell of DHA, the tell-tale sign of a recently applied tan.

AFTER

Immediately after your spray tan:

- Wear loose, dark clothing.
- Keep skin completely dry, avoid water contact.
- Do not apply any products over the developing tan.
- Allow tan to develop for at least 6/8 hours (overnight if possible).
- Avoid other beauty/hair treatments whilst tan is developing.
- Avoid activities that make you perspire.
- Drink hot beverages through a straw as contact with a hot cup can strip colour from around your mouth.
- Toothpaste can also strip colour while your tan develops so be cautious while brushing.

After your tan has developed:

- Rinse off remaining colour guide with warm/hot water. Once the water runs clear gently wash your self with a mild soap.
- Avoid products that contain alpha hydroxy acids (AHA's) as they can strip colour.
- Avoid swimming pools as Chlorine will prematurely fade your tan.
- To prolong your tan, hydrate your skin with oil free moisturizers or St. Tropez Oil Free Moisturizer
- Your spray tan can last between 5 and 7 days, sometimes longer.
- Your spray tan offers no protection against the sun's natural UV rays, you need to use your usual SPF sun creams.